

Draft - Thursday 31st July 2025					
Time	Space Tent	Air Tent	Fire Tent	Water Tent	Earth Tent
3pm	<b>Car Park, Camping and Glamping Open to All Ticket Holders (NO access to main arena until 5pm)</b>				
4pm					
5pm	<b>Festival Open to All Ticket Holders</b>				
6pm	Sound Check				
		6 : 30	6 : 30	6 : 30	6 : 30
7pm	7:00 Elk Burland Drumming Circle	Kireet Butail Value of Surya Namaskar	Satish Sharma Yoga Philosophy	Sandra & Sofia Barnes Shakti Rising Yoga Flow	Solo visitors meet-up
8pm	8:00 Opening Ceremony				
	8:30				
9pm	Roopa Panesar				
Other Activites	10:00	5.30 - 6.30pm at Chai tent	10 -11pm near Fire tent		
		Puja	Elk Burland Drumming Circle		

**Draft - Friday 1st August 2025**

Time	Space Tent	Air Tent	Fire Tent	Water Tent	Earth Tent
7am	Babaji Bhakti Band Sound Journey	Kamal Singh Ashtanga Masterclass	Swamini Brahmaprajnananda Meditation	Clare Allen Dynamic Daoist movement	Mel Fisher - Science of Breath, Movement & Healthspan
8am					
9am	Swami Sarvapriyanda Ashtavakra Gita	Dr. Rajlaxmi Iyengar Masterclass	Purnesh & Rowena Mantra & meditation	Donna Noble Body Positive Yoga	Myra Lewin Ayurveda Talk
10am					
11am		Dr. Tahir Sharief Art of Living	Ahbay Tulku Rinpoche Wisdom teaching & Blessing	Thimela Garcia Kundalini Yoga	Jo Winterton Gong Bath
12am	Bhavini Vyas & Friends Kirtan				
1pm			Ram Banerjee Advaita Vedanta	Shruti Hatha Yoga	Dr Parthasarathy & Dr Saraniya Ayurveda Cooking Workshop
2pm	Dr Parthasarathy Busting western health myths with Ayurveda	Sumit Manav Yin Yoga	Swami Brahmavidananda Hidden teaching beyond Yoga	Nikki Jackson Yoga Therapy	ChokuReiki Healing Emy & Simon - Sound Bath
3pm					
4pm	In Conversation: Swami Sarvapriyananda and Rupert Spira	Myra Lewin Yoga with Ayurveda	Swamini Brahmaprajnananda Essentials of Hinduism	Lucy Aldridge Iyengar Yoga	Jyoti Jo Manuel Love in action
5pm					
6pm	Sound check	Kamal Singh Ashtanga Masterclass	Dr Saraniya Parthasarathy Ayurveda for Women’s Health	Clare Allen Yin Yoga with Gita	Sonali & Ram Cooking Workshop
7pm					
8pm	Acro Dance	Dr. Rajlaxmi Iyengar Masterclass	Lisa Colcough Playtime Yoga	Fay Rosamond Vinyasa Yoga	Kate Codrington How to be a Peri-Queen
9pm					
Other Activites	Radhika Das & friends	7.15am to 8.45am Near Chai tent Kireet Butail 108 Sun Salutations	10.00pm to11.30pm Fire Tent Leo Dey Storytelling & Kirtan Meditation	10.00pm to11.30pm Water tent Sandra & Sofia Barnes Yoga Nidra	11am to 1pm & 4pm to 5pm Near Earth tent Adam Bray Ice baths

4pm to 5.30pm in the Dining Area - **Mandala Art Workshop** with **Jenny de Pretto** (*book at Info tent - £12 materials fee applies*)

Draft - Saturday 2nd August 2025

Time	Space Tent 7:00	Air Tent 7:00	Fire Tent 7:00	Water Tent 7:00	Earth Tent 7:00
7am	Purnesh & Rowena Mantra & meditation	Kamal Singh Ashtanga Masterclass	Andrea Carrani Meditation	Fay Rosamond Vinyasa Yoga	Julli Dunman Nature Bathing
8am	8:45	8:45	8:15	8:15	8:15
9am	Swami Sarvapriyanda Ashtavakra Gita	Dr. Rajlaxmi Iyengar Masterclass	Swamini Brahmaprajnananda Psychology to Yoga to Vedanta	Thimela Kundalini Yoga	Joe Hoare Laughter Yoga
10am	10:45	10:30	10:00	9:30	9:30
11am	11:15	Sumit Manav Yin Yoga	Jnandev Giri Santan Dharma	Sandra & Sofia Barnes Shakti Rising Yoga Flow	Daniel Gladwell Massage workshop
12am	12:15	12:15	11:45	10:45	10:45
1pm	1:00	Stewart Gilchrist Vinyasa Workshop	Dr Saraniya Parthasarathy Ayurveda for women's health	Nikki Jackson Subtle Energy	Monisha Bharadwaj Cooking Workshop
2pm	2:45	2:00	1:30	12:00	12:30
3pm	3:15	Ravi Dixit Hatha Yoga & Pranayama	Swami Brahmavidananda Hidden teaching beyond Yoga	1:15	1:45
4pm	5:00	3:45	3:15	2:00	3:00
5pm	In Conversation: Swami Sarvapriyananda and Sadhvi Bhagavadi	Kamal Singh Ashtanga Masterclass	Dr Parthasarathy Busting western health myths with Ayurveda	2:30	4:45
6pm	6:30	5:30	5:00	3:45	6:00
7pm	7:30	7:00	6:30	Leo Dey Voice Workshop	Monisha Bharadwaj Wellness through Food
8pm	8:00			Angela Ashwin Pranayama	David Charles Mitchell Singing Bowl workshop
9pm	10:00			6:15	7:15
				7:30	
Other Activites		7.15am to 8.45am Near Chai tent	10.00pm to 11.30pm Fire Tent	10.00pm to 11.30pm Water tent	11am to 1pm & 4pm to 5pm Near Earth tent
		Kireet Butail 108 Sun Salutations	Leo Dey Storytelling & Kirtan Meditation	Sandra & Sofia Barnes Yoga Nidra	Adam Bray Ice baths

4pm to 5.30pm in the Dining Area - **Mandala Art Workshop** with **Jenny de Pretto** (book at Info tent - £12 materials fee applies)

Draft - Sunday 3rd August 2025

Time	Space Tent 7:00	Air Tent 7:00	Fire Tent 7:00	Water Tent 7:00	Earth Tent 7:00
7am	Purnesh & Rowena Mantra & meditation	Kamal Singh Ashtanga Masterclass	Andrea Carrani Meditation	Luci Trendle Body Connection	Julli Dunman Nature Bathing
8am			8:15	8:15	8:15
9am	Swami Sarvapriyanda Ashtavakra Gita	Dr. Rajlaxmi Iyengar Masterclass	Dr Saraniya Parthasarathy Ayurveda for women’s health	Anandana Nadhavajhala Hatha Yoga for beginners	Emma Bonnici Kanga Yoga
			10:00	9:30	
10am	Sadhvi Bhagavadi Healing Through Yoga	Manish Vyas Mantra Workshop	Jnandev Giri Santan Dharma	Sarah Gilbert Kundalini Yoga	Devi Ananda Kaivalya Kriya Yoga
11am			11:45	10:45	
Noon	12:45	12:15	Dr Parthasarathy Busting western health myths with Ayurveda	12:00 Lucy Aldridge Iyengar Yoga	Myra Lewin Cooking Workshop
1pm	1:30	Dr. Tahir Sharief Art of Living	1:30	1:15 Shruti Agrawal Hatha Yoga	Jo Winterton Gong Bath
2pm	Nikki Slade & Friends Kirtan	2:00 Ravi Dixit Hatha Yoga & Pranayama	Swamini Brahmaprajnananda Vijnana Bhairava Tantra	2:30 Anji Gopal Yoga for BackCare	Kimberley Soni Cooking Workshop
3pm	3:15 In Conversation: Improving Western health Drs Parthasarathy, Dr Rajlaxmi	3:45 Kamal Singh Ashtanga Masterclass	3:15 Swami Brahmavidananda Hidden teaching beyond Yoga	3:45 Eugene Butcher Heart Dance meditation	
4pm	4:45	Dr. Rajlaxmi Iyengar Masterclass	5:00 Satish Sharma Yoga Philosophy	5:00	Lost & Found
5pm	5:15		5:30	5:30	
6pm	Sika Sound Journey	7:00	6:30	Sofia & Sandra Barnes Cacao Ceremony	7:15
7pm	7:00 Sound check				
8pm	Closing Ceremony				
	8:30				
9pm	Alok Verma & Friends				
	10:00				
Other Activites		7.15am to 8.45am	10.00pm to 11.30pm		11am to 1pm & 4pm to 5pm
		Near Chai tent	Near Fire tent		Near Earth tent
		Kireet Butail 108 Sun Salutations	Elk Burland Drumming Circle		Adam Bray Ice baths

4pm to 5.30pm in the Dining Area - Mandala Art Workshop with Jenny de Pretto (book at Info tent - £12 materials fee applies)