

<b>Children's Tent (infants and Juniors)</b>			
Time	Friday 4 August	Saturday 5 August	Sunday 6 August
	GLITTER FAIRIES ON REQUEST		
9.00 – 9.30	Mindful Makes with Sarah	Pom Poms & Breath work with Katie	Yoga with Jon and Sue
9.30 – 10.00			
10.00 – 10.30	Chillax Elements Yōga with Claire	Family Session with Jyoti	Yoga with Katie and Tesha
10.30 – 11.00			
11.00 – 11.30	Family Session with Jyoti	Mindfulness and crystals with Stella	Gemma's Art Totem Animals: Shield & Masks Creative Super Powers
11.30 – 12.00			
12.00 – 12.30	Mindfulness and Yōga with Jon	Gemma's Art Totem Animals: Shield & Masks Creative Super Powers	South Indian Floor Art with Kalavathi
12.30 – 13.00			
13.00 – 13.30	Gemma's Art Totem Animals: Shield & Masks Creative Super Powers	South Indian Floor Art with Kalavathi	Yoga with Lizzie and Claire
13.30 - 14.00			
14.00 – 14.30	Adventure Yoga. With Lizzie	Magical movement to music with Tesha	Yoga with Sarah and Stella
14.30 – 15.00			
15.00 – 15.30	Mindfulness and crystals with Stella	Believe in Yoga with Sue	Sunshine Smile Stories
15.30 – 16.00			
16.00 – 16.30	Soothing Sounds with Heather (mini sound bath)	Sunshine Smile Stories	
16.30 – 17.00			
17.00 – 17.30	Evening Chilled Yoga		
17.30 – 18.00			
18.00 – 18.30	Drum Happy (Open to all ages)		
18.30 – 19.00			
19.00 - 19.30	GLITTER FAIRIES ON REQUEST		
19.30 – 20.00			

<b>Teen Tent (Secondary school)</b>			
Friday 4 August	Saturday 5 August	Sunday 6 August	Time
Morning Gathering	Morning Gathering	Morning Gathering	9.00 – 9.30
			9.30 – 10.00
Dynamic Yoga	Dynamic Yoga	Dynamic Yoga	10.00 – 10.30
			10.30 – 11.00
Drum Happy	Drum Happy	Ayurvedic Cooking with Kimberley	11.00 – 11.30
			11.30 – 12.00
Teen Zone	Teen Zone	Drum Happy	12.00 – 12.30
			12.30 – 13.00
Mindful Juggling with Luke	Swami B and Swamini B	Teen Zone	13.00 – 13.30
			13.30 – 14.00
Teen Zone	Teen Advice and Family Matters with Charlotta	Evening Chilled Yoga	14.00 – 14.30
			14.30 – 15.00
Evening Chilled Yoga	Soothing Sounds with Heather (mini sound bath)		15.00 – 15.30
			15.30 – 16.00
Drum Happy (Open to all ages)	Drum Happy (Open to all ages)		16.00 – 16.30
			16.30 – 17.00
			17.00 – 17.30
			17.30 – 18.00
			18.00 – 18.30
			18.30 – 19.00
			19.00 – 19.30
			19.30 – 20.00